



EPWORTH SLEEPINESS SCALE

- 0 = NEVER doze off**
- 1 = SLIGHT chance of dozing**
- 2 = MODERATE chance of dozing**
- 3 = HIGH chance of dozing**

<i>Would you doze off while:</i>	<i>Scale Rating</i>
Sitting and reading	_____
Watching TV	_____
Sitting inactive in public place	_____
As a passenger in a car	_____
Lying down to rest in the afternoon	_____
Sitting and talking to someone	_____
Sitting quietly after lunch without alcohol	_____
In a car, while stopped in traffic	_____
TOTAL	_____